



Introductory Information Packet

Dear Applicant,

Welcome to Adult & Teen Challenge, Faith Home Network. We are a Christian discipleship ministry which focuses on adults with life-controlling problems. We were established in Turlock, CA in 1989 and are an accredited member of Adult & Teen Challenge International, USA, which was started in 1958. Our sincere desire is to help you in your time of need. But to do this, we need your total honesty and cooperation to help us determine how we can be of assistance to you at this time.

I. THE PROGRAM

1. Adult & Teen Challenge is a holistic program which ministers to the whole person: spirit, soul, and body. We believe the basic root problem for all mankind is their separation from God, their Creator and Savior. Adult & Teen Challenge emphasizes a spiritual foundation to each person's life, which is a personal relationship with Jesus Christ. With the Spirit of God in a believer, they are encouraged to nurture and develop their new relationship with Christ through such avenues as prayer, worship, reading, studying, and memorizing of Scripture, wholesome fellowship, etc.
2. Through biblically sound spiritual guidance, prayer, and a specifically created curriculum, the staff endeavors to help each student to identify and appropriately deal with the issues in their lives so they can advance in their relationship and walk with the Lord.
3. This transformation process is from the inside out, dealing with the hearts of men and women and the real root issues of their behavior, not just the outward symptoms. People will not long behave contrary to their beliefs so the core matter is to change what they believe about God and how they view themselves. As they begin to understand who Christ is, what He has done for them, and who they now are in Christ, their thoughts, words, and actions will slowly change to line up with their new faith. This will affect every other aspect of their being – emotionally, academically, socially, and physically.
4. This biblical transformation process is so profound and effective for men and women who seriously surrender themselves to Christ and apply themselves, that Adult & Teen Challenge has been repeatedly considered to be the most successful "drug program" in the world today.
5. However, we do not consider ourselves a "drug program". We are a Christian discipleship program for those with life-controlling issues. Discipleship is a process, not a program. But the program initiates this process until the student can be safely transferred to a local church, or support group or ministry which will enable them to continue to grow and be used of the Lord to help others.
6. As a holistic ministry, work is an essential ingredient to the overall purpose of helping the student find a sense of satisfaction and value in themselves. Every student is required to participate in the work part of the program as an essential element of the life-training process. The students perform their work assignments to further benefit their spiritual growth, character development, and readiness to return to the workplace. Thus, students do not receive compensation of any kind in exchange for the performance of any work assignments.

II. FINANCIAL COSTS

1. As a Christ-Centered ministry we neither ask for, nor receive, any government funding. We ask that each student provide \$500.00 per month of support personally or through family, friends or church to offset the \$2500.00 to \$3000.00 per month cost per each student. If a prospective student cannot provide the entire \$500.00, we may have (subject to funds available) scholarship opportunities that can be applied which will provide assistance. Students are required to participate in a variety of staff-supervised enterprises. These enterprise work assignments provide job skills training, encourage a good work ethic and enable students to become financially responsible by providing them the opportunity to pay a portion of the cost of their own program. The income generated by these enterprises contributes to but does not meet actual expenses. The remainder of our financial needs must be met by numerous

fundraising events and by the faithfulness of churches, businesses and individuals - people who share the burden and the vision God has for this ministry.

III. PREREQUISITE FOR ADMISSION INTO ADULT & TEEN CHALLENGE

1. A personal readiness to change one's lifestyle is needed. Adult & Teen Challenge is not just a place to stay warm in the winter and cool in the summer. It is not simply a "drug program" or an "alcohol program". One must be teachable and ready to lay aside their past habits and lifestyles, to follow Christ.
2. You must be open to making this change by way of a personal relationship with Jesus Christ. Since this program is a Christian discipleship program the entire program is Christ-centered.
3. You must abide by the policies and guidelines throughout the program.

IV. THE APPLICATION PROCESS

1. Admission and Assessment interview: While waiting for a staff member to interview you, please read this introductory material and fill out the admissions application form. If you need help, ask for assistance.
2. After your interview, if you wish to enroll and are accepted into the program, you will be asked to do a few things in advance to prepare you for an undistracted and successful stay here.
3. In preparation you should:
 - i. Be prepared to have your doctor fill out the Medical Exam and History Form. If you have any major health problems, they must be disclosed to the interviewer prior to your entry. Special arrangements may need to be made depending upon the severity or complexity of your physical issue.
 - ii. You may need to apply for Med-Cal, depending upon your circumstances, in order to have your exam and lab tests covered.
4. Children: Take care of all childcare issues and secure a suitable and safe place for them before you enter the program.
5. With certain guidelines, we will accept those who are court mandated to enter our program.
6. If you are on probation or parole it will be your responsibility to notify your probation or parole officer and our staff of any changes, visits, passes, court situations, transfers, lawyer requests etc. Probation, parole, and any other departments of concern will be notified upon your completion or exit of the program. Staff members will assist with any progress or other reports requested by authorized entities.
7. Put all your affairs in order. This could mean, storing your belongings, parking a car, or any number of things. However, try to resolve these as quickly as possible, or have someone take responsibility of them for you.
8. Any marital or custody issues must be dealt with prior to entering the program. Any married or engaged applicant must have their spouse/fiancée be a part of the interview process if at all possible.
9. During the interview you may be requested to complete a medical detox before entering the program. This program only offers the "cold turkey" approach (without medication).
10. If you are currently taking a mood-altering medication, explain what it is and why you're taking it in the interview. This program is not a medical facility and, therefore does not provide a medical detox. It is not a substitute for medical or psychological care. While as a policy we do not allow psychiatric meds, anti-

depressants, anti-anxiety drugs, or opiates/opioids to be taken here, we never advise anyone to stop taking prescribed medications or cancel their doctor's care. If it is determined between the applicant and his/her physician that these meds are safe to be discontinued, then a safe taper off schedule must be provided by the physician before the applicant can be admitted. (a physician's release will be required). Referrals will be provided to another program or programs that offer the most effective and appropriate services to the applicant if necessary.

11. Bring the following documents with you to the interview:

- i. Picture ID (Driver's License, Passport, California ID)**
- ii. Birth certificate, or Social Security card**
- iii. If married, a marriage certificate**
- iv. Proof of your high school graduation or the completion of a GED course**
 1. If you do not have these, try to apply for these and have them mailed to you at the center. You can use the center address as a mailing address but not as a permanent address.

12. You will need to arrive with the amount a \$100 fee needed for a return ticket home in case you decide to leave or are asked to leave by the staff. Any refunds will be returned within 30 days.

13. If you are currently receiving EBT or state disability, these will need to be submitted and/or transferred when you enter the program. If you are receiving SSI, you will be required to pay \$500 per month towards the expense of your care. (This is much less than the actual cost of your care.)

14. Waiting List:

- i. Our goal is to admit you into the program as quickly as possible so you can get the help you need.
- ii. If the center is full at the time of your interview and you desire to enroll in the program and are accepted, you may be placed on a waiting list.
 1. You will be asked to call in weekly at the time specified during your interview.
 2. When you call, let us know of your progress in completing the requirements for admission.
 3. If you miss one week's call you may be placed at the bottom of the waiting list.
 4. If you miss two calls, you may be removed, until you call again. At that point, we may require another interview.
- iii. If you are incarcerated, you will be asked to write every two weeks letting us know of your interest to get into the program and to keep us updated on your release date. If you miss writing, you may be removed from the list until we hear from you again. At that time, we may require you to go through the application process again.
- iv. Once these issues are taken care of and you're ready to move in, give us a call. At that time the Admissions Coordinator will tell you when to arrive and work out any last-minute details with you.

V. ORIENTATION

1. Upon entry, you will receive an orientation and will enter into a minimum of a 60-day Probationary Phase" with a 30 to 45 day "Blackout Period" (See VII.1.a.) in which there will be no contact with persons not in the program. No phone calls, letters or visits will be allowed except in the case of an emergency.
2. Once you have successfully completed the Probationary Phase, you will enter into the long-term phase of the program. The full length of the program will be approximately 12 to 16 months to grow through this intense discipleship program.

VI. POLICIES

1. We are a Christian discipleship ministry designed to help people with life-controlling issues. In the application interview honestly share your situation with the staff member who will be assisting you. Please read carefully and prepare any questions you may have.
2. Adult & Teen Challenge is a highly structured program starting with wake-up at 6:00 a.m. The days are filled with devotions, group study classes and personal study classes. The non-class times are spent in the work experience part of the program. You will receive a "Student Policies" manual when you enter the center. But here are some basic policies to understand that could bring discipline or even dismissal if violated.
 - i. Refusal to cooperate with the policies identified in this Student Policies manual.
 - ii. No swearing, foul language, or coarse joking is permitted (II Tim. 2:16)
 - iii. No "street talk" (glorifying in the sins of the past)
 - iv. You must be clean shaven at all times.
 - v. No "play fighting" or wrestling (Eph. 5:4)
 - vi. Any probation/parole restriction or limitation imposed by the courts and/or legal systems will be honored and followed by the student who is placed under these demands while he is attending this program. He will be expected to be in full compliance.
 - vii. No covering up of conduct unbecoming of a person desiring to change their life. The terms and peer pressure inferred by the words "snitch", "rat" etc. will not be tolerated.
 - viii. No bullying of any form will be tolerated. This can be grounds for an immediate dismissal.
 - ix. If you conflict with another student, follow the instructions in "CONFRONTATIONS" in this Student Polices manual.
 - x. Non-participation or refusal to complete the class work
 - xi. Refusal to do the daily chores or complete the work in a satisfactory manner.
 - xii. Causing damage purposely to the facility or ranch property
 - xiii. Aggressive arguing with another student
 - xiv. Being repeatedly spoken to about the same matter without an attitude or action change
 - xv. Not following the policies
 - xvi. Use of tobacco, alcohol, drugs or any substance considered to be harmful to you, the ministry or the ranch.
 - xvii. Failure to successfully complete a phase after steps has been taken to assist you with problem areas.

VII. PHASES

1. INDUCTION

- i. The length of this phase is a minimum of 4 months. The focus of this phase is to see the students acknowledge the Lordship of Jesus Christ in their life. If this has not happened, they should have a consultation with their advisor, so they will understand the importance of this step to the success of their program and the rest of their lives.
- ii. The intent of this phase is to familiarize you with the culture and structure of the program. All personal money credit cards, bank cards and EBT must be turned into the Center Supervisor or their designee upon entrance into the program. These funds will be deposited in your student account. You are not allowed to take care of outside personal business of any kind unless it is a confirmed emergency. All items of personal value must be turned into the staff for inspection upon your admission into the program.
- iii. Blackout
 1. During the first 30 to 45 days during this phase you will be in a "black out" period. If you come from another Teen Challenge center your "blackout" time will be for a minimum of

two weeks. This gives both you and the staff time to see if this program is what you need currently.

2. During the "blackout" time; students are not allowed to have any visitors even on scheduled Family Days, nor make or receive any phone calls, except in an emergency.
3. Incoming mail will be saved, but not read by staff, until you have completed the blackout period.

iv. Advising

1. You will be assigned an Advisor who will meet with you once a week during your Induction and Training Phases.
2. An upper phase student may be assigned to you to help you understand the program and give you encouragement.

v. Requirements for Completing Induction:

1. Demonstrate a teachable spirit.
2. Have accepted the need to confess Jesus Christ as your personal Savior.
3. Establish daily discipline of personal prayer and devotion with God
4. Demonstrate trustworthiness (honesty, promptness, etc.)
5. Complete assignments and workbook requirements
6. Demonstrate a willingness not to let family and friends hinder your commitment to Christ and to completing the program
7. Have a peacemaker's attitude and not be one to cause strife
8. Fulfilled the expectation of being baptism in water. (If available)
9. Proof of High School diploma or enrollment in ranch G.E.D. program
10. Raise a goal of \$500.00 per month in sponsorships. Scholarships are available to those unable to secure full sponsorship.

vi. Passes

1. You will be allowed one 5 hour pass during the fourth month of this phase.
2. These passes can be taken on Sunday from 1 pm - 6 pm or on Tuesday from 4:30 pm -9:30 pm.
3. Upon your return from any pass you must check in with the staff on duty before proceeding to your room.

vii. Phone Calls (Restricted to phase levels and times.)

2. TRAINING

- i. The length of this phase is a minimum 4 months and begins when the requirements for the Induction Phase have been completed. The focus of this phase is like the Induction Phase only with increasing responsibilities and privileges. There are increasing opportunities to share their faith with others, and in more controlled settings to practice the walk of Christ. This phase is still one of discipleship, but shifts toward educational, vocational and assisting the staff as needed. You will meet with your Advisor on a biweekly basis.

ii. Requirements for completing the Training Phase:

1. Demonstrate that you understand and are practicing the values and requirements you have been given in the two previous phases.
2. Complete a minimum of three months in the Induction Phase
3. Complete assignments and workbook requirements

4. Show the ability to be a leader (be a positive example to newer students)
5. Demonstrate a servant attitude and readiness to help out as needed. (This is above and beyond your regular assigned chores)
6. Show continued improvement and diligence in class work
7. If not a high school graduate, continue in the G.E.D program
8. Demonstrate a Godly attitude toward work; show a servant's heart to help as needed, without complaint

iii. Advising

1. You will now meet with your new Training Phase Advisor twice per month as a minimum.

iv. Passes, Leaving the Ranch/Home Visits

1. You are now eligible to have two weekend passes:
 - a. One 10 hour pass on a Sunday in the 2nd month (8am-6pm)
 - b. One 23 hour pass Saturday through Sunday in the fourth month (4pm-3pm)
2. These passes can be taken on Sunday from 1 pm - 6 pm or on Tuesday from 4:30 pm -9:30 pm.
3. Upon your return from any pass you must check in with the staff on duty before proceeding to your room.

v. Vocational

1. As programs and opportunities develop at the Ranch, these classes will be available to you. These will vary as personnel and opportunity allow.

3. REENTRY PREP

- i. The length of this phase is a minimum 4 months and begins when the requirements for the Training Phase have been completed. During this phase the emphasis is upon leadership.
- ii. These are the things that need to be completed in this phase.
 1. Complete the time requirement of four months in this Phase
 2. Maintain the requirements of previous phases
 3. If applicable, have career assessment and apply to appropriate enterprise
 4. Complete or at least be working towards your G.E.D. exam
 5. Meet with pastor or a member of the pastoral staff of your home church to mentor you during the Follow Up Phase
 6. Meet with your Advisor or the Program Director to develop an exit plan for the transition to the Follow Up Phase

iii. Days Off/Passes

1. You are now eligible for the following passes
 - a. A pass each Sunday (8 am to 3 pm). Proof of your church attendance will be required.
 - b. One 47 hour pass in the 1st month (4pm to 3 pm)
 - c. One 47 hour pass in the 3rd month (4pm to 3pm)
 - d. One 47 hour pass in the 4th month (4pm to 3pm)
 - i. You may not combine passes.
2. If a student has a setback due to their activities on pass, "dirty" test, conduct detrimental to their program or any other offense deemed inappropriate they may lose their next pass.
3. Incentive Pass

- a. This is a pass rewarded to any student in this phase that has fulfilled the following requirements and is voted by the advisors to have earned an extra pass.
 - i. This is a 12 hour pass.
 - ii. Qualifications
 - 1. Show student leadership qualities (1 Corinthians 11:1) "Follow my example as I follow Christ"
 - 2. Demonstrate a teachable and cooperative attitude.
 - 3. Be punctual
 - 4. Have life that reflects integrity
 - 5. Complete all curriculum requirements
 - 6. Present at all required functions
 - 7. Willingness to help others
 - 8. Show a positive response when corrected.

4. FOLLOW-UP (See Student Policy Manual upon approved entrance into the program)

VIII. WHAT TO BRING (Space is limited so please limit what you bring to two suitcases.)

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| 1. Bible (NIV, NKJ, NLT) | 14. Notebook |
| 2. EBT card | 15. Pens |
| 3. Birth certificate | 16. Razors or electric razors |
| 4. CA Picture ID | 17. Shampoo |
| 5. If married, a marriage license | 18. Shower sandals |
| 6. Social Security Card | 19. Soap |
| 7. Belt | 20. Socks |
| 8. Collared dress shirts | 21. Stamps or envelopes |
| 9. Casual pants | 22. Ties |
| 10. Casual shoes | 23. Toothbrush |
| 11. Deodorant | 24. Toothpaste |
| 12. Dress pants | 25. Towel & wash cloth |
| 13. Hair products | |

IX. WHAT NOT TO BRING

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| 1. Items CANNOT contain any alcohol! | 9. Unapproved printed materials |
| 2. Any electronic device | 10. Matches, lighters, etc. |
| 3. (Cell phone, Tablets etc.) | 11. Pets |
| 4. ATM, Gift, or Credit cards | 12. Skateboards |
| 5. Personal vehicles | 13. Valuables |
| 6. Drug/alcohol/inappropriate clothing | 14. Weapons |
| 7. Drugs, alcohol, tobacco | 15. Knives, any item deemed hazardous to other students. |
| 8. Gang related clothing | |

X. SCHEDULE (This is for informational purposes only and may not reflect the current daily schedule)

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Time	Saturday	Sunday	
6:00 AM			Wake Up			6:00 AM	6:00 AM Wake up	Wake Up / Breakfast 7:00 AM	
6:15 AM			Meds			6:15 AM	6:15 AM Meds		
6:30 AM			Breakfast			6:30 AM	6:30 AM Breakfast	Meds / Chores 7:30 AM	
7:00 AM			Ranch Chores			7:00 AM	7:00 AM Chores		
7:30 AM			Prayer & Devotions			7:30 AM	7:30 AM Devotions	Dress for Church 8:00 AM	
8:00 AM			Chapel			8:00 AM		Devotions 8:45 AM	
8:30 AM			GSNC			8:30 AM		Gather up 9:15 AM	
10:00 AM			Break			10:00 AM		Church 10:00 AM	
10:15 AM			PSNC		Rnch Wrk and Enter.	10:15 AM	W E E K E N D 8:00 AM - 4:00 PM Carwash	Lunch 12:30 PM	
11:45 AM			Break			11:45 AM		Family Visits / Free Time 1:00PM - 4:00 PM	
12:00 AM			Lunch			12:00 AM			
12:45 PM			Ranch Work and Enterprises			12:45 PM			
3:00 PM			Break			3:00 PM			
3:15 PM			Ranch Work and Enterprises			3:15 PM			
5:30 PM			Clean up & Dinner Prep			5:30 PM			
6:00 PM			Dinner			6:00 PM			
6:30 - 7:00 PM	6:30 PM Study Hall	7:00 PM Center Forum /Choir Practice	7:00 PM Chapel	6:30 PM GED / 7 PM Study Hall	7:00 PM Campus Prayer Meeting	6:30 - 7:00 PM		4:45 PM Clean up / Meds	Meds 5:00 PM
8:00 PM			Free Time / Shower Time			8:00 PM		5:45 PM	Chapel 6:00 PM
9:00 PM			Meds			9:00 PM	6:00 PM Dinner	Dinner 7:00 PM	
9:30 PM			Personal Studies / Quiet Time			9:30 PM	6:30 - 10:00 PM Free Time	Free Time 7:30:00 PM - 9:00 PM	
10:00 PM			Lights Out			10:00 PM	10:00 PM Quiet Time	Quiet time 9:30 PM	
							10:30 PM Lights Out	Lights Out 10:00 PM	
Time	Monday	Tuesday	Wednesday	Thursday	Friday	Time	Saturday	Sunday	

XI. PHONES CALLS

- Any student wishing to make a phone call must sign up on the day they wish to make a phone call from 6 am to 6 pm. A fresh roster will be used every week with a mark next to the student’s name which equals one phone call. When a student’s phone call(s) are completed for that week they will be obvious by looking at the marks next to their name on the roster.
- This roster will be kept in the authorized communication binder. Only one student will be permitted to make a call at a time. The full name of the person to be called must be placed on the roster and the name checked by the staff on duty.
- Student communication by mail or by telephone to persons outside the program shall be considered a privilege and not a right. All communication shall be subject to the discretion of the Advisor, consistent with a student's progress in the program.
- Students can communicate by telephone or by mail only to immediate family members, parents, spouse, children, brothers, sisters, grandparents, etc. or approved people on communication list: spiritual parents, pastors, attorney, parole or probation officer. You may contact a Christian fiancée or girlfriend from before you started the program with the approval of your advisor. There are no phone calls allowed to or from women you have met while in the program.
- No phone calls are to be made or received during classes or services.
- No phone calls may be made on Sunday just to confirm a ride or visit from family.
- No collect phone calls will be accepted.

8. Students should instruct their family members to leave messages on 209-537-0606 ext. 118 if they need to leave a message for the student.
9. Any violation of phone usage policies will result in suspension of privileges.

XII. FAMILY VISITS

1. The purpose is to promote family unity. It is important for students to have contact with their families. This day is available to anyone who meets the following criteria:
2. Family Day Visits will be held on the 2nd and 4th Sundays of the Month
 - i. Schedule for the Day will include:
 1. 1 pm Gathering Time **
 2. 4 pm Chapel (Families encouraged to attend)
 - a. Music and Worship
 - b. Student Testimonies/ Video/Short Inspirational Message/ Films
 - c. The Wrap Up (May conclude with a Baptismal service if weather permits)
 - ii. ** On occasion the men will be away from the ranch on an Outing and will not return until after 1 pm. Compensation for schedule changes will be considered but not promised.
 - iii. Guidelines
 1. Students must have signed up to have family visits on the Family Day Reservation List posted in the Staff Office. Staff reserves the right to limit the amount of people allowed to visit.
 2. Family members are asked to leave their cell phones in their car until the visit is over. A student in possession of a cell phone for any reason is subject to discipline.
 3. Public displays of affection are discouraged during visits.
 4. Children are to be supervised always; this includes teenage children.
 5. The Staff member(s) on duty have the right to manage crowd control.
 6. The staff offices are off limits without staff present.
 7. The kitchen is off limits to family and students that do not have food safety or staff clearance.
 8. Students are not allowed to infringe on other families' visits without an invitation.
 9. The pool gate, the weight area and the door from the sanctuary when not in use by the staff will be locked during Family Day times for safety reasons.
 10. Students are not allowed to linger in the front of the buildings.
 11. The Ranch is off limits to persons who are deemed by the staff to be detrimental to the students' recovery (2 Cor. 6:14).
 12. Staff reserves the right to ask anyone to leave with or without cause if they deem there is a risk or safety issue that could negatively affect any or all of those present.
 - iv. Money, Gifts and Valuables
 1. The following policies and procedures shall govern items or money brought to the Ranch by visitors for a student:
 - a. The student shall report to the staff any items brought into the facility by family or visitors.
 - b. All money and gift items brought to students during family visits must be checked in by staff personnel.
 - c. Money received by a student shall be placed into his Faith Home Teen Challenge Student Bank account.

- d. Students who accept any item or money directly from a visitor without approval from staff personnel on duty shall be subject to discipline and possible dismissal from the program.
- v. If you wish to take a tour of the facilities while you are here please notify us as soon as possible.

XIII. OUTSIDE COMMUNICATION

1. Student communication by mail or by telephone to persons outside the program shall be considered a privilege and not a right. All communication shall be subject to the discretion of the Advisor, consistent with a student's progress in the program.
2. Student communication privileges shall be refused to those persons outside the program, including immediate family members, who at the discretion of Advisor, are deemed inappropriate or a hindrance to the student in his pursuit of the Lord. All mail must be pre-approved per the "Outside Communication Sheet," as described in the following paragraph.
3. Students are allowed to communicate by telephone or by mail; only to immediate family members, parents, spouse, children, brothers, sisters, grandparents, etc. or approved people on communication list spiritual parents, pastors, attorney, parole or probation officer. Christian fiancé or girlfriend from before you started the program.
4. Up to five contacts can be specified on the "Outside Communication Sheet" and these approved contacts may be changed at the student's request. The new contact must likewise meet your Advisor's approval.
5. Any family at the same address can be listed as one "contact". Divorced or separated students shall not be allowed to communicate with their spouse (or ex-spouse) without the permission of their Advisor and the Program Director.
6. Any student wishing to contact an individual in another program must prove substantial reason to do so and receive permission from the Advisors of both parties and supervisory staff as necessary